

SIDDAL MOOR KS3 PHYSICAL EDUCATION CURRICULUM OUTLINE

	AUTUMN 1 (7wks)		AUTUMN 2 (7wks)		SPRING 1 (6wks)	SPRING 2 (6wks)	SUMMER 1 (5wks)	SUMMER 2 (7wks)
BOYS 1	X-C (2wks) GRASS	FOOTBALL (5wks) GRASS	RUGBY (4wks) GRASS	AESTHETICS (3wks) GYM	FITNESS INDOORS	VOLLEYBALL SPORTS HALL	ATHLETICS GRASS	ATHLETICS GRASS
BOYS 2	X-C (2wks) GRASS	RUGBY (5wks) GRASS	FOOTBALL (4wks) GRASS	AESTHETICS (3wks) GYM	FITNESS INDOORS	VOLLEYBALL SPORTS HALL	ATHLETICS GRASS	ATHLETICS GRASS
GIRLS 1	X-C (2wks) GRASS	NETBALL (3wks) FOOTBALL (3wks) SPORTSHALL	HANDBALL (3wks) SPORTSHALL	VOLLEYBALL (3wks) SPORTSHALL	FITNESS INDOORS	AESTHETICS GYM	ATHLETICS GRASS	ATHLETICS GRASS
GIRLS 2	X-C (2wks) GRASS	NETBALL (3wks) FOOTBALL (3wks) SPORTSHALL	HANDBALL (3wks) SPORTSHALL	VOLLEYBALL (3wks) SPORTSHALL	FITNESS INDOORS	AESTHETICS GYM	ATHLETICS GRASS	ATHLETICS GRASS